



Co-funded by
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BELONGING TO EU YOUTH EXCHANGE

HUNGARY GALYATETŐ

16-24/06/2025.



É L M É N Y A K A D É M I A



Dates

Arrival day: 16 / 06/2025

Departure day: 24 / 06/2025

Program days: 17-23 / 06/2025

About the project

Experience-based learning meets the great outdoors in a unique program that blends movement, creativity, and connection.

Through team games, dance, hiking, and artistic activities, participants explore their capabilities, push the limits, and uncover new opportunities while discovering nature and diverse cultures.

Whether individually, in pairs, or small groups, every moment is filled with fun, challenge, and meaningful discovery.

Aims of the project

- Finding your roles and places in your own communities and taking an active part in creating something relevant for yourself.
- Taking into consideration that you belong to your micro environment, your social world, your country, the nature, the EU and not least yourself.
- The aim is for you to become more aware of each of these topics and to be active creators in your life.



Programme plan



		DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	
	ARRIVAL DAY	Introduction	Me & my country	Me & nature	Me & the diverse world	Me & myself	Me & my moves	Closing	DEPARTURE DAY
MORNING		Get to know each other,the program and the venue	My place in my world - introductions, games	Step out to the woods	Visiting City	Dive into arts	50 Shades of sports	Looking back - my experience, what I bring home	Leaving
AFTERNOON	Arriving	Expectations, team building	My relation to EU	Be in the woods	Connection through cultures	Group challenge with gravity	Fears & Limits VS Trust & Opportunities - high rope course	Youthpass and reflection	
EVENING	First big rest	Game night	Intercultural night	Game night - optional	Free night	Movie night - optional	Free night	Farewell Party	

Participant profile

Participants: we need **4** from each country, who

- 16-22 (not older)
- have basic English
- opened to know new cultures, happy to share their own
- willing to open their world in Europe,
- broaden their horizons of opportunities,
- ready to challenge themselves to try to speak in English,
- ready for the challenge to share a place with people all over Europe
- happy to explore how they are present in their world, environment
- likes to play

Ideally, but not necessarily:

- 2 men and 2 women per country

Group leaders: we expect **1** for each group

- 25+ years old
- has fluent/good level of English
- is ready to support their group during the whole project (preparation, participation, travel, translation if needed)



Partner Countries

Hungary (organiser) Italy, Romania, France

Reimbursement

The Erasmus+ programme supports 100% of the travel cost, and you are entitled to the reimbursement of your travel costs IF you present the RECEIPTS/INVOICES + the TICKETS themselves, including the BOARDING PASS

Before you buy/book your ticket, please send the itinerary to me:
erika.schmidt@elmenyakademia.hu

Please keep in mind that only direct travel costs between your “home location” and the venue of the event.

Travel costs will be reimbursed only for the cheapest way of transport. We can't cover taxi costs and first class trips.

The travel cost limit is calculated by the Distance Calculator of the European Commission. [Please check it out here.](#)

Travel cost limits:

Hungary: 100-499 km - 211 EUR/person , Green travel: 285 EUR/person
Italy: 500-1999 km - 309 EUR/person , Green travel: 417 EUR/person
Romania: 500-1999 km - 309 EUR/person , Green travel: 417 EUR/person
France: 500-1999 km - 309 EUR/person , Green travel: 417 EUR/person

Green travel means bus, train, car sharing (more people traveling by the same car)

The exact reimbursement is based on the actual cost of the trip, which must be supported by travel documents such as: invoices/receipts + tickets/boarding passes.

Travel cost reimbursement will be done via bank transfer to your sending organization after having received all your travel documents.



Travel tips

Please change money into Hungarian forint, as generally, foreign currency is not accepted in Hungary.

From the airport to the city center:

- **100E bus**

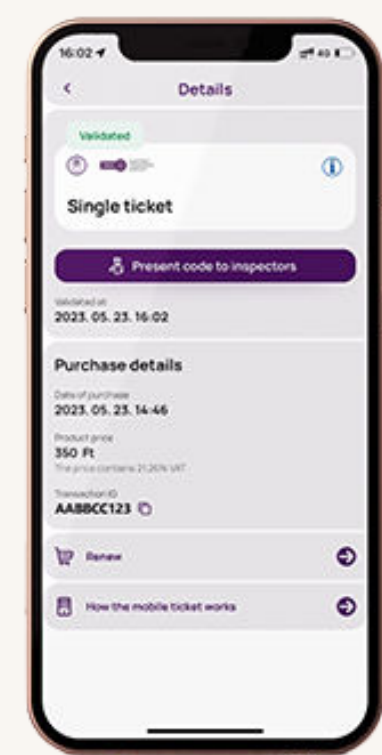
Goes directly to the center.

Ticket: from vending machines or on the bus with bank card/cash - costs around 5,5 EUR

- **200E bus**

Goes to a metro station (where you can take the metro to the center)

Ticket: normal ticket - costs around 1,2 EUR



Tickets for transport within the city (metro, bus, tram):

You can buy them in all BKK customer service centres, ticket offices and ticket vending machines or the **Budapest GO app**:

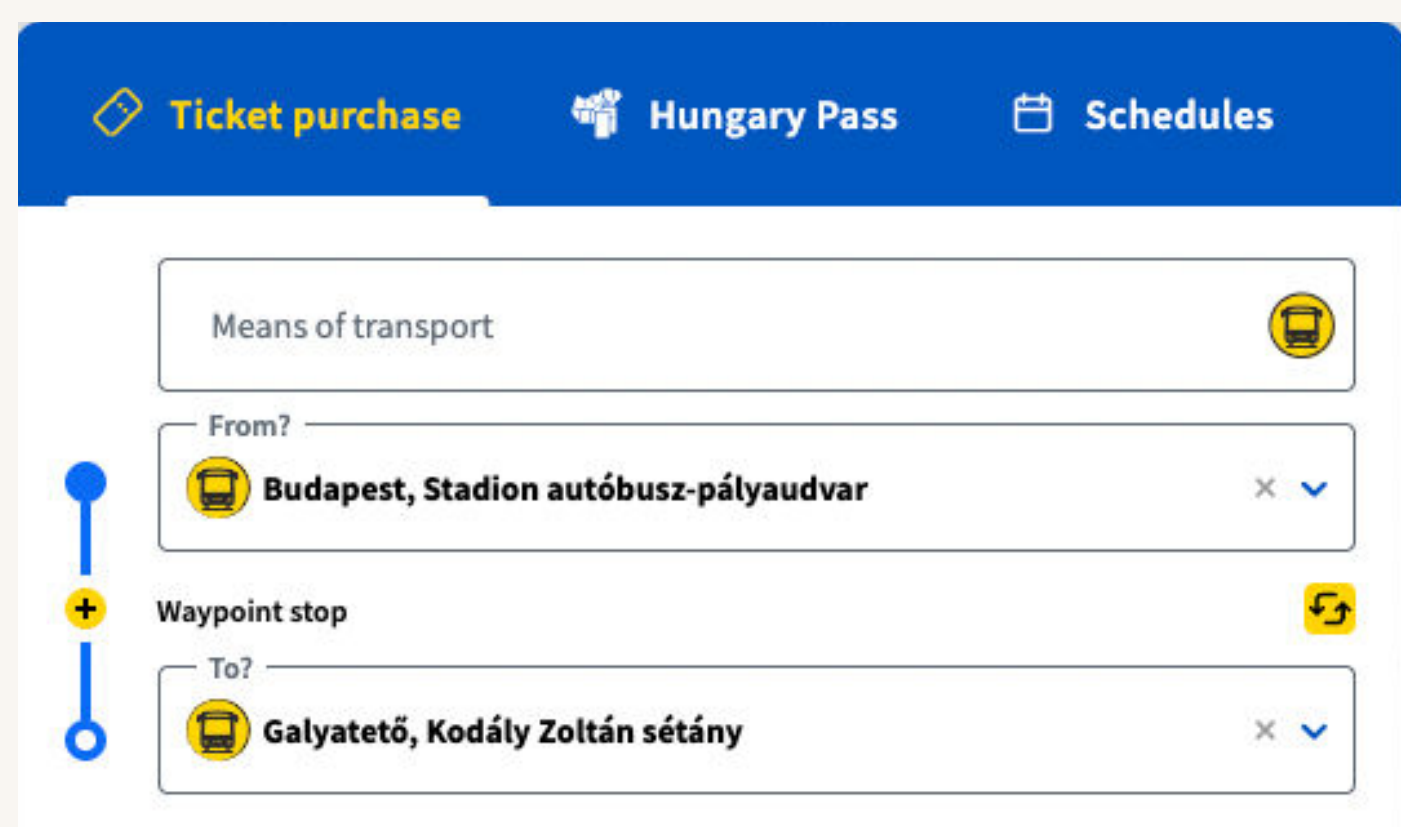
<https://bkk.hu/en/tickets-and-passes/budapestgo/>

THE BUS TO THE VENUE:

From **Stadion bus station** - to **Galyatető Kodály Zoltán sétány** (sometimes you may change bus at Gyöngyös)

Tickets:

Online on jegy.mav.hu or at the bus station by vending machine or the ticket office with bank card/cash



Getting to **Stadion bus station** from the Airport right away:

- With 100E bus: travel to the terminus: Deák Ferenc tér, and from there use the M2 metro to the Stadionok metro station, and walk to the bus station
- With 200E bus: travel to the terminus: Kőbánya-Kispest metro station, and from there travel to Deák Ferenc tér, then change metro to M2 and travel to Stadionok metro station, and then walk to the bus station.

Location

Address:

[Fogadó a Táncoló Kecskékhez](#)

Mátraszentimre, Madách Imre utca 7, 3234



What to pack? - Checklist

- ☐ • Materials to present your country (ex: flag, cultural objects, snacks, songs, dance, poem, stories, quiz ...)
- ☐ • Personal first aid- bring all medicine that you might need
- ☐ • Personal hygiene items (towel, body wash, tooth brush ect...)
- ☐ • All your documents and tickets
- ☐ • Valid passport or ID card. Check if it is valid for the whole duration of the programme
- ☐ • Hungarian currency "HUF"
- ☐ • Lightweight waterproof clothing for summer showers (rain coat)
- ☐ • Water bottle
- ☐ • Small rucksack, backpack so you can be hands free while walking
- ☐ • Indoor slippers (some spaces we will use are no shoe environments)
- ☐ • Protection for the sun - cap, sunscreen
- ☐ • Optionally headlamp or torch
- ☐ • Positive attitude
- ☐ • Enough clothes for 7 days + travel, and shoes for movement work outdoors and being comfortable and suitable for the weather. You can check the weather forecast here:
<https://www.accuweather.com/en/hu/di%C3%B3sjen%C5%91/189573/weather-forecast/189573>

Insurance !

- ☐ • Please, have your own insurance for the whole time period.
- ☐ • If you have a European Insurance card, bring it with you.



How can I apply?

Please click on the link, and fill in the registration form.

<https://forms.gle/NCUZyurpnZpms4m6>

Contact details

Please do not hesitate to ask any question, if you have!



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