

OCT.
2025



JUNE
2026

Volunteering in La Roche-sur-Yon



VEIA

Mission with

PARCOURS
le
MONDE

FACILITATEUR DE MOBILITÉ
GRAND OUEST

infopack

Pierre Mendès France high school



Introduction

The high school is located in La Roche-sur-Yon. It develops many Erasmus+ projects and they are very open to intercultural dynamics. There, you will be welcomed by your tutor, a teacher in the high school. You will participate in the preparation for mobility for students, and in the various cultural projects set up by the school and promote them on the hingschool website and social media.

Thanks to Parcours Le Monde, you will have the opportunity to meet a group of internationals and volunteers from other places during the year. You will never be alone !



Your mission

**Diversity and
Multiculturality**

Mobility

**Sustainable
Development**

Our main mission with PLM is to help youngsters to open up to mobility and cultures !

Don't worry, you will be free to choose which actions you want to present regarding your own interests. You will be asked to work in a team, with the teaching staff, animators, volunteers, students (and other people !).



*To give you an idea of what your missions can be :
Help in the preparation of Erasmus mobilities, testimony of your own personal experience, welcome youngsters in the Erasmus Office, events organisation, create some intercultural workshops, etc. If you want more information about the high school, you can **[click here](#)** !*

Service Civique

What is the Service Civique?

The Service Civique is a french program for young people (usually aged 16 to 25) to engage in public interest missions, such as education, environment, or solidarity, for a period of 6 to 12 months.

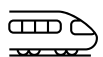
What expenses are covered?

- **Travel expenses:** not covered
- The **monthly allowance:** 619€/month (regardless of which city in France you choose)
- For the **insurance**, you will have access to French National Health Insurance
- A French financial support to help cover **rent costs** (called Caisse d'allocations familiales) around 200€/month.
- We will also help you with all the **administrative processes** (insurance, bank account, etc.) once you are here!
- Speaking French is **not** a requirement. It will be considered as an advantage, but no worries if you cannot speak it yet

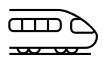
LES PAYS DE LA LOIRE



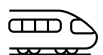
If you need to travel, La Roche-sur-Yon is equipped with a train station that is 15 minutes walking from the highschool :



Paris : around 3h



Nantes : around 40 min (with a TER)



Sea coast (Les Sables d'Olonne) : around 25 min

**You want to know more about
the city of La Roche-sur-Yon ?**

You can watch this video made
by people truly living there !

**SCAN
HERE**



Your accommodation

Your accommodation will be in the high school directly. You could share the kitchen and the bathroom with a other volunteer outside of the project.

You will have your own bedroom with all necessary inside.

In your private room you will have everything you need.
If something isn't provided, the PLM team will do their best to help you.



More projects

VEIA : Vivre Ensemble Ici et Ailleurs (Live Together, Here and Elsewhere)

This project concerns volunteers coming to the organisation. It aims to unify all of us around the same mission : awareness of mobility and interculturality.

Through different times of the year, the volunteers are meeting up. This is a moment to get to know everyone and this is the time when many friendships are made !

VIBE

This project created by Parcours le Monde is co-financed by the European Union, which means the volunteers have a goal to achieve ! The VIBE project aims to support young people who are already involved in the region, to develop their appetites, their knowledge, their skills on the environment, in order to allow them to exchange and to question around the subject.



Cofinancé par
l'Union européenne

This project ends in June 2027



**Discover the
VEIA Padlet by
clicking here**