

INFO PACK

OneWay

Seminar on Youth Inclusion

19 – 27 November 2026 • Predeal, Romania



When	19 – 27 November 2026 (19 and 27 November are travel days)
Where	Hotel Draga Maria, Predeal, Braşov County, Romania
Who	25 youth workers (18+) from 9 countries
Conference	International conference on youth inclusion – 25 November 2026
Funding	Co-funded by the Erasmus+ programme of the European Union

WELCOME

A4ACTION – the Association for Initiatives and Continuous Development – is an organisation founded in October 2012. Our work is focused on young people, youth workers and educators. Our mission is to generate continuous development for young people and communities through non-formal learning activities, volunteering and civic involvement. Our vision is to provide all young people with space to reach their full potential through learning and with opportunities to actively contribute to the development of the community they belong to.

OneWay – Seminar on Youth Inclusion is implemented by [A4ACTION](#) as part of our Erasmus+ accreditation in the youth field, together with the following partners:

- [JOINT](#) (Italy)
- [Hermes Academy](#) (Italy)
- [DGT Latvia](#) (Latvia)
- [Youth ID](#) (France)
- [Bungai Asociacion](#) (Spain)
- [Fiatalok Egységben Egyesület – Youth Together Association](#) (Hungary)
- [TAVO](#) (Lithuania)
- [FAJUB](#) (Portugal)

THE SEMINAR

The primary goal of this seminar is to strengthen the capacity of youth workers to foster the social inclusion, active participation and empowerment of young people through inclusive youth work practices, intercultural learning and international cooperation.

The groups of selected participants will be contacted before the mobility about information, activities or presentations that they will need to prepare in advance. See the section “Before the seminar” below.

Learning objectives

By the end of the seminar, participants will be able to:

- **Understand exclusion.** Name the main barriers young people with fewer opportunities face (economic, social, geographical, educational, cultural, health, disability) and compare how these show up in their own countries.
- **Learn from each other.** Present a good practice from their own work and adapt at least one practice from another country to their local context.
- **Design inclusive activities.** Create and test with peers a non-formal education activity that is accessible, participatory and adapted to young people with fewer opportunities.
- **Reflect on their own practice.** Recognise their own assumptions and habits that can lead to exclusion, and choose concrete changes for their daily work.
- **Connect and cooperate.** Build contacts with youth workers, experts and stakeholders, including through the public conference, and develop at least one follow-up idea. This can be a local action, a dissemination activity or a future project.

PERIOD

The seminar will take place between **19 and 27 November 2026**. The first and last days are travel days. A detailed programme will be sent to the selected participants by 6 November 2026.

- **Arrival day:** check-in starts at 15:00.
- **Departure day:** please plan your trip before 11:00.

THE CONFERENCE

On **25 November 2026**, as part of the seminar, we will host an **international conference on youth inclusion**. The conference is organised by A4ACTION together with our partners and will also welcome guests from outside our organisations: youth workers, experts, representatives of local institutions and other organisations working with young people.

The conference is a chance to share what we learn during the seminar with a wider audience, to show how inclusion works in practice in different countries and to meet people who can become future partners.

Each partner organisation can choose a role: **being part of the panel** or **facilitating a workshop**. Participants are asked to discuss with their sending organisation which role they will choose.

The panel discussion

The panel will be an open discussion. A few chairs will be placed in front of the room, and anyone who wants to be part of the panel can take a seat and join the conversation.

One of the A4ACTION facilitators will moderate the discussion around a few questions about **inclusion in practice**: what barriers young people face in our communities, what works in our daily work and what still needs to change. You do not need to prepare a speech – just bring your experience, your examples and your questions.

Facilitating a workshop

During the conference, participants can facilitate workshops for the conference guests. Each workshop will present a method or tool for inclusion that you already use in your work with young people – something that works for you and that others can learn from and use.

If your organisation chooses to facilitate a workshop, your national group will prepare one workshop of around 45 minutes. The workshops will run in two rounds, in different rooms at the same time, so the conference guests can choose the ones that interest them most. When you prepare it, think about:

- **the method or tool** – what it is and which young people it is for;
- **the barrier** – what kind of exclusion or barrier it helps with;
- **the steps** – how it works, step by step;
- **the materials** – what you need to run it;
- **the transfer** – how others can adapt it to their own context.

Workshop description – by 3 November 2026

Before the seminar, each group sends us a short description of their workshop (title, aim, short description, materials needed). During the seminar you will have time to prepare and test your workshop with the other participants, with support from the facilitators. You do not need to be an experienced trainer – we are interested in real practice, not perfect presentations.

The conference will be held in English [with translation into Romanian for local guests].

PARTICIPANTS

The mobility will bring together 25 youth workers, all over the age of 18, from different countries, eager to take part in an international learning experience. Each partner organisation will send a group of 1–3 participants.

Who can apply

- People aged 18+.
- Youth workers, teachers, educators, social workers, mentors, coaches of youth initiatives and solidarity projects, volunteer coordinators, trainers or facilitators.
- People with experience in working with young people who are willing to share it with other youth workers and learn a different approach.
- People with less experience who want to learn and improve their skills, to better support the inclusion of the young people they work with.

Participants need to be

- able to understand and express themselves in English;
- willing to share knowledge, ideas and useful tips;
- willing to learn from others;
- committed to attending for the full duration of the event;
- committed to doing a follow-up / dissemination activity in their country after the seminar.

BEFORE THE SEMINAR

To get the most out of the seminar, please prepare a few things before you come:

- **Your local reality** – think about the main barriers the young people you work with face (economic, social, geographical, educational, cultural, health, disability) and how your organisation responds to them.
- **Your conference role** – decide together with your sending organisation if you will join the panel or facilitate a workshop, and let us know.
- **Your travel** – send us your travel plan before buying any tickets.
- **Your stories and materials** – if you have photos, short videos or stories from your work with young people that show a good practice, bring them with you. They can become part of the toolkit and the multimedia collection (see “After the seminar” below). Please make sure the people who appear in them agree to share them.

YOUTHPASS

All participants will receive a Youthpass certificate, the European tool for recognising learning in Erasmus+ youth projects. During the seminar there will be daily reflection time to help you notice what you are learning and describe it in your Youthpass.

AFTER THE SEMINAR: TOOLKIT AND INSPIRING PRACTICES

OneWay does not end in Predeal. After the seminar, A4ACTION and the partner organisations will turn what we share and create together into two free resources for youth workers:

- **An interactive toolkit** – methods, tools and step-by-step tips for working with young people with fewer opportunities, based on the practices tested during the seminar.
- **A multimedia collection of inspiring practices** – short videos, audio stories and photos that show real examples from our work with young people.

Your practices, workshops and stories are the base of these resources. During the seminar we will document some sessions and the conference workshops (photos, short videos, short interviews) – always with your consent. After the seminar, your sending organisation will receive more details on how you can contribute and how the resources will be shared.

VENUE, ACCOMMODATION, FOOD



Our venue will be **Hotel Draga Maria** in Predeal, Braşov County, about 40 km from the city of Braşov.

If you want to see more pictures of the location, visit the venue's website [here](#).

- **Rooms:** participants will stay in rooms of two, three or four people, shared by participants of the same gender. Each room has a private bathroom with a bath or shower, a hairdryer and towels.
- **Meals:** provided at the hotel restaurant. Any dietary requirements can be catered for if you tell us before the mobility.
- **Internet:** free wireless internet in the hotel rooms.
- **Accessibility:** if you have any accessibility or special needs (for example reduced mobility, hearing or visual impairment), please tell us in the application form or by email, so we can prepare everything in advance. You only need to share what you feel comfortable sharing.

HOW TO GET HERE

The best way from the airport to the venue is: train from **Bucharest Henri Coandă International Airport** to **Bucharest Gara de Nord** (the main train station in Bucharest), then train from Gara de Nord to **Predeal**, and a taxi from Predeal train station to the hotel. You can check timetables and buy train tickets online [here](#).

- Local taxis only accept cash in RON, so you will need cash to get to and from the hotel.

- The shuttle bus service from the airport to Predeal will **NOT** be reimbursed, and we strongly advise **against** using it due to previous issues with these transport companies.



WHAT TO BRING WITH YOU

- **Good attitude**, optimism and willingness to cooperate.
- **Medication** you need, your European Health Insurance Card or medical documents for treatment in Romania.
- **Warm clothes** – comfortable, windproof and waterproof clothing and mountain boots for outdoor activities. Predeal is a very cold mountain town: at the end of November temperatures are often below 0°C and it can snow. For indoor activities pack lighter clothing, as it is warm at the accommodation (**the difference between outside and inside can be more than 20 degrees**).
- **Laptop or tablet** for preparing materials.
- **Items for the Cultural Night** – small things that help the others understand your culture. It will take place on one of the evenings and you are welcome to bring traditional food and drinks.
- **Materials for the conference** – if your organisation facilitates a workshop, bring what you need to run it (printed materials, cards, games, photos or videos from your work).

USEFUL INFO ABOUT ROMANIA

- **Currency**: Leu (RON), plural Lei. Notes of 1, 5, 10, 50, 100, 200 and 500, all plastic. Euros are NOT accepted for cash payments. 1 euro ≈ 5 lei.
- **Card payments** are common and safe in shops, restaurants, hotels and tourist places, but we recommend having some cash for the area of our accommodation.
- **Emergency number: 112** – the operator will ask if you need the police, fire or medical service.
- **Insurance**: please bring your European Health Insurance Card (EHIC). We also recommend a travel insurance for the whole trip.

COSTS AND REIMBURSEMENT

The seminar is co-funded by the Erasmus+ programme of the European Union. Costs are covered according to the Erasmus+ rules:

- 100% meals and accommodation;
- 100% costs during the activities;
- travel costs, up to the limits in the table below.

Nr	Country	Participants	Travel budget / person	Green travel budget / person
1	Italy – JOINT	3 participants	309 EUR	417 EUR
2	Italy – Hermes Academy	2 participants	309 EUR	417 EUR
3	Hungary	3 participants	309 EUR	417 EUR
4	France	1 participant	309 EUR	417 EUR
5	Latvia	3 participants	309 EUR	417 EUR
6	Spain	3 participants	395 EUR	535 EUR
7	Lithuania	3 participants	309 EUR	417 EUR
8	Portugal	3 participants	395 EUR	535 EUR
9	Romania	4 participants + 2 facilitators	211 EUR	285 EUR

Travel costs

Participants will be reimbursed according to the type of travel (green or normal) and the travel distance, based on travel documents. According to the Erasmus+ guide, green travel means using low-emission transport for the main part of the trip, such as bus, train or car-pooling.

Participants who choose green travel will receive up to four days of extra individual support to cover the travel days for a return trip, if relevant.

- Keep all your travel documents (invoices, boarding passes, plane tickets, bus/train tickets and so on).
- Only the cheapest means of transport and fares can be covered. **Buy tickets only after we confirm your itinerary.**
- Taxi costs **cannot** be reimbursed, unless A4ACTION tells you otherwise.
- Check the maximum travel budget for your country in the table above. Costs above this amount cannot be reimbursed.
- If you want to spend more time in Romania, you can stay 1–3 days before and 1–3 days after the project at your own expense – these costs will not be reimbursed.

Documents needed for reimbursement

1. **Invoice** from the airline/bus company (if you buy online) or from the travel agency, the electronic ticket (sometimes the e-ticket and the invoice are the same – we need to see the exact cost) and proof of payment;
2. **Boarding passes** – for each person, both ways;
3. **Originals of all tickets** (plane, bus, train etc.).

Deadline: 18 December 2026

Scan all tickets and send them by email to ioana.serban@a4action.ro. Then send the originals by post when you return home, to:

Iuliana Pavel, Str. Gorăslău, Nr. 13, Bl. P18, Sc. 2, Et. 2, Ap. 16, Sat Ghermănești, Comuna Snagov, Județul Ilfov, Romania, 077170

When you receive the money

The reimbursement is made by bank transfer to your sending organisation, within one month after we receive everything below:

- **all the transport documents;**
- **the documents from your follow-up activity** – at least one activity in your local community, based on what you learned in the project, with at least 10 people (for example photos and the list of participants), sent together with the transport documents by 18 December 2026;
- **the evaluation form** of the seminar – you will receive it after the mobility.

CONTACT

If you have any questions about reimbursement, tickets or anything else related to this mobility, write to us:

- **Ioana Șerban** – ioana.serban@a4action.ro
- **Iuliana Pavel** – iuliana.pavel@a4action.ro
- **WhatsApp during the travel days (Ioana Șerban):** +40 722 227 904

We look forward to meeting you in Predeal!